



Hilla Keren, LCSW-C

www.hillakeren.com

Creating a Loving Relationship with Money

Thursday, May 20th 6- 9 pm

1014 Dulaney Valley Road

Towson, MD 21204

Are you frustrated with your efforts to earn more, spend less, and save wisely? Is your relationship with money "on the rocks?"

In this three-hour workshop an experienced, licensed psychotherapist will help you to uncover the roadblocks to your financial success and begin building a healthy, new relationship with money.

Together, we'll begin exploring:

- *How culture, family, and life experiences shape our perceptions of money – for good and ill.*
- *How to identify and change self-defeating narratives in order to decrease stress and increase prosperity.*
- *How to separate net-worth from self-worth.*
- *How to integrate thought, action, and spirit to create financial freedom.*

Very Important: This workshop is about money, so if you wish to participate, do not let money stop you! You will pay what you can.

Workshop fee: \$150 per three-hour workshop. Make check payable to Hilla Keren. Mail it to: 11606 Franklinville Road, Upper Falls, MD 21156. For more information please visit www.hillakeren.com or call 410.592.6332. Space is limited. RSVP by May 15th.

About the Facilitator, Hilla Keren

Hilla Keren is a Licensed Clinical Social Worker (LCSW-C) with over 15 years of experience in individual, couples, group, and family therapy. In addition to her thriving private therapy practice, Hilla conducts workshops offering practical, compassionate approaches to life's daily challenges: reconciling money and emotions, developing effective parenting skills, preventing school violence, and communicating effectively. Hilla holds a Bachelor of Science degree in Psychology from the University of Maryland and a Master's of Social Work from UM's School of Social Work. She is a member of the National Association of Social Workers and the American Academy of Psycho-therapists. Prior to establishing her private practice, Hilla served as the Clinical Director of the Women's Growth Center in Pikesville, MD. Her articles on psychotherapeutic practice have appeared in Voices, the Journal of the American Academy of Psychotherapists.